

KETTLE MORAINE YMCA - West Washington Location

PROGRAMS

SESSION DATEs:

Fall 1 - September 2nd - October 26th Fall 2 - October 27th - December 21st

www.kmymca.org/programs



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

TABLE OF CONTENTS

KETTLE MORAINE YMCA

Family Events	3
Gymnastics	4
Swim Lessons	5
Safety Classes	7
Youth Recreation & Enrichment	8
Youth Sports	9

FALL 1 SESSIONSEPTEMBER 2ND – OCTOBER 26TH

REGISTRATION DATES:

Members: July 28, 2025 Community Participants: August 4, 2025

FALL 2 SESSION OCTOBER 27TH – DECEMBER 21ST

REGISTRATION DATES:

Members: September 22, 2025 Community Participants: September 29, 2025

CONNECT WITH US



KETTLE MORAINE YMCA 1111 W. Washington Street West Bend, WI 53095



Phone: 262-334-3405



Website:

www.kmymca.org/programs

Y MISSION:

To put Christian principles into practice through programs that build healthy spirit, mind and body for all.



	FAMILY EVENTS	AGE	TIME	LOCATION	FALL 1	FALL 2
MON	Family Playtime Mondays 10/6- 12/15	Family	10:30-11:30 AM	Track Gym	Free	Free
	Family Playtime Fridays 10/10- 12/19	Family	10:30-11:30 AM	Gymnastics & Track Gym	Free	Free
	Parents Night Out 9/19	3-8	5-7:30 PM	Sunshine Room	\$13M/\$13CP	х
	Parents Night Out 10/17	3-8	5-7:30 PM	Sunshine Room	\$13M/\$13CP	х
FRI	Parents Night Out 11/21	3-8	5-7:30 PM	Sunshine Room	х	\$13M/\$13CP
	Parents Night Out 12/12	3-8	5-7:30 PM	Sunshine Room	х	\$13M/\$13CP
	Halloween at the Y 10/24	Family	5-7 PM	West Washington Building	Free	х
	Christmas at the Y 12/19	Family	5-7 PM	West Washington Building	х	Free
		Non S	chool Day Dro	in Family Events		
FRI	October 24 - Pumpkin Craft	Family	10-11:30 AM	Pool Observation Room	\$10M/\$10CP	х
FRI	November 28 – Bingo	Family	10-11:30 AM	Pool Observation Room	х	\$5M/\$5CP
MON	December 22 - Bounce Party	3-8	10-11:30 AM	Gymnastics Gym	х	\$5M/\$5CP
MON	December 29 – Snowman Craft	Family	10-11:30 AM	Pool Observation Room	х	\$10M/\$10CP
WED	December 31 – Bounce Party	3-8	10-11:30 AM	Gymnastics Gym	х	\$5M/\$5CP



CLASS	TUE WED THU		SAT						
\$60 Members /\$125 Community Participants									
Parent/Tot Gymnastics	10:15-10:45 AM	9:40-10:10 AM	4:50-5:20 PM	8:30-9 AM					
		18 mos-6 years							
Preschool 9:30-10 AM 9-9 Gymnastics 4:50-5:20 PM 9-9		9-9:30 AM	9-9:30 AM 9:40-10:10 AM	9:10-9:40 AM					
	\$70 Memeber /\$145 Community Participants								
Level 1 5-7 years	11-11:40 AM 4-4:40 PM		5:30-6:10 PM	9:50-10:30 AM					
Level 1 8-12 years	5:30-6:10 PM		6:20-7 PM						
Level 2 6-13 years	6:20-7 PM		4-4:40 PM	10:40-11:20 AM					
Level 3 6-14 years	7:10-7:50 PM			11:30-12:10 PM					
Level 4 6-14 years			7:10-7:50 PM	11:30-12:10 PM					



Group Swim Lessons \$58 for Members and \$121 for Community Participants

	MON	TUE	WED	THUR	SAT				
Parent/Child Classes									
Stage B: Water Exploration 19-36 months					9:20-9:50 AM				
Stage A/B: Water Discovery/ Water Exploration 6-36 months	5:20-5:50 PM	9-9:30 AM 4:45-5:15 PM		10:10-10:40 AM 5:55-6:25 PM	8:45-9:15 AM 9:55-10:25 AM				
Parent/Child Stage 1: Water Acclimation Age 3-5	4:45-5:15 PM	10:10-10:40 AM	4:45-5:15 PM	9-9:30 AM 4:45-5:15 PM					
	Presci	hool Classes (3-5	year						
Preschool 1: Water Acclimation	4:45-5:15 PM 5:55-6:25 PM	4:45-5:15 PM 5:20-5:50 PM	5:20-5:50 PM 5:55-6:25 PM 6:30-7 PM	5:20-5:50 PM	9:20-9:50 AM 9:55-10:25 AM				
Preschool 2: Water Movement	5:20-5:50 PM	5:20-5:50 PM	5:20-5:50 PM 5:55-6:25 PM	4:45-5:15 PM 5:20-5:50 PM 6:30-7 PM	8:45-9:15 AM 9:20-9:50 AM 10:30-11 AM				
Preschool 3: Water Stamina	5:55-6:25 PM 6:30-7 PM	5:55-6:25 PM	4:45-5:15 PM	5:55-6:25 PM	9:55-10:25 AM				
Preschool 4: Stroke Introduction		5:55-6:25 PM	6:30-7 PM	6:30-7 PM	10:30-11 AM				
Preschool All Levels		9:35-10:05 AM 10:45-11:15 AM		9-9:30 AM 9:35-10:05 AM 10:10-10:40 AM					
	School A	Age Classes (6–12	2 years)						
School Age 1: Water Acclimation	4:45-5:15 PM 6:30-7 PM		5:20-5:50 PM 6:30-7 PM	6:30-7 PM	8:45-9:15 AM 9:55-10:25 AM				
School Age 2: Water Movement	4:45-5:15 PM (Fall 2 only) 5:20-5:50 PM	5:20-5:50 PM 6:30-7 PM	4:45-5:15 PM	5:20-5:50 PM	9:20-9:50 AM 10:30-11 AM				
School Age 3: Water Stamina	4:45-5:15 PM 5:20-5:50 PM (Fall 2 only) 6:30-7 PM	5:20-5:50 PM 5:55-6:25 PM	4:45-5:15 PM 6:30-7 PM	4:45-5:15 PM 5:20-5:50 PM					
School Age 4: Stroke Introduction	5:20-5:50 PM 5:55-6:25 PM 6:30-7 PM (Fall 2 only)	5:55-6:25 PM	5:20-5:50 PM	4:45-5:15 PM 5:55-6:25 PM 6:30-7 PM	8:45-9:15 AM 10:30-11 AM				
School Age 5: Stroke Development	6:30-7 PM	6:30-7 PM	5:55-6:25 PM	5:55-6:25 PM					
School Age 6: Stroke Mechanics	5:55-6:25 PM		5:55-6:25 PM						
School Age All Levels		9-9:30 AM 9:35-10:05 AM 10:10-10:40 AM 10:45-11:15 AM		9:35-10:05 AM					
Parent Child Adatptive Aquatics		6:30-7 PM							



CLASS	DATE	TIME AGE		Location	Price
Dala sitti a Class	Sun, Sept 21	11-3 PM	11 +	WW Conference Room	\$70
	Sun, Oct 5	11-3 PM	11 +	WW Conference Room	\$70
Babysitting Class	Sun, Nov 2	11-3 PM	11 +	WW Conference Room	\$70
	Sun, Dec 14	11-3 PM	11 +	WW Conference Room	\$70
	Sun, Sept 28	10:30am-3:30 PM	13 +	WW Conference Room	\$75
Pacie Life Support (DLS)	Sun, Oct 19	10:30am-3:30 PM	13 +	WW Conference Room	\$75
Basic Life Support (BLS)	Sun, Nov 16	10:30am-3:30 PM	13 +	WW Conference Room	\$75
	Sun, Dec 7	10:30am-3:30 PM	13 +	WW Conference Room	\$75
	Sun, Sept 7	12:30-3 PM	8-12	WW Conference Room	\$45
Home Alone	Sun, Nov 23	12:30-3 PM	8-12	WW Conference Room	\$45
	Sun, Dec 21	12:30-3 PM	8-12	WW Conference Room	\$45
American Red Cross Lifeguarding	Thur- Sun Oct 9-12	Thu 5:30-8 PM Fri 3:30-8:30 PM Sat 8-5 PM Sun 8-5 PM	15 +	WW Conference Room	\$275
	Thur - Sun Dec 18-21	Thu 5:30-8 PM Fri 3:30-8:30 PM Sat 8-5 PM Sun 8-5 PM	15 +	WW Conference Room	\$275



	CLASS	AGE	TIME	LOCATION	FALL 1	FALL 2
MON	Ninja Gym	3-5	9-9:30 AM	Gymnastics Gym	\$35M/\$75CP	\$40M/\$85CP
	Moving and Grooving with Parent	2-4	9:45-10:15 AM	Gymnastics Gym	\$31M/\$67CP	\$35M/\$75CP
MUN	Little Builders	3-5	9:45-10:15 AM	Sunshine Room	\$35M/\$75CP	\$40M/\$85CP
	We Wiggle We Read	2-3	10:30-11 AM	Multipurpose 2 Room	\$35M/\$75CP	\$40M/\$85CP
MON &	Play School 9/8- 12/17 no class on 11/26	3-4	10-11:30 AM	Rolfs Center \$135M/\$135CP		\$135CP
WED	Play School 9/8- 12/17 no class on 11/26	3-4	12:45-2:15 PM	Rolfs Center	\$135M/	\$135CP
	Little Chefs	3-5	9-9:30 AM	Sunshine Room	\$50M/\$105CP	\$50M/\$105CP
TUE	Little Chefs	2-3	9:45-10:15 AM	Sunshine Room	\$50M/\$105CP	\$50M/\$105CP
106	Junior Chefs	4-10	10:30-11 AM	Sunshine Room	\$50M/\$105CP	\$50M/\$105CP
	Painting with a Twist	4-10	11:15-12 PM	Sunshine Room	\$55M/\$115CP	\$55M/\$115CP
	Little Prints with Parent	1-3	9-9:30 AM	Pool Observation Room	\$35M/\$75CP	\$35M/\$75CP
	Splash Class	3-5	9:45-11:15 AM	Sunshine Room	\$65M/\$135CP	\$65M/\$135CP
WED	Little Builders	3-5	4:30-5 PM	Sunshine Room	\$40M/\$85CP	\$40M/\$85CP
WED	Junior Chefs	5-8	5:15-5:45 PM	Sunshine Room	\$50M/\$105CP	\$50M/\$105CP
	Kids' Jazz, Hip-Hip & Contemporary Dance	3-5	5:15-5:45 PM	Multipurpose 2 Room	\$40M/\$85CP	\$40M/\$85CP
	Kids' Jazz, Hip-Hip & Contemporary Dance	6-8	6-6:30 PM	Multipurpose 2 Room	\$40M/\$85CP	\$40M/\$85CP
	Alphabet Soup	2-3	9-9:30 AM	Sunshine Room	\$40M/\$85CP	\$35M/\$75CP
	Dancing Divas Fun Dance Class	3-5	9-9:30 AM	Multipurpose 2 Room	\$40M/\$85CP	\$35M/\$75CP
THU	Nature Play and Learn	4-8	9:30-10:15 AM	Pool Observation Room	\$45M/\$95CP	\$40M/\$85CP
	Tiny Ballerinas	2-3	9:45-10:15 AM	Multipurpose 2 Room	\$40M/\$85CP	\$35M/\$75CP
	Nature Play and Learn with Parent	1-5	10:30-11:15 AM	Pool Observation Room	\$45M/\$95CP	\$40M/\$85CP
	Friday Fun Day	3-5	9-10:45 AM	Sunshine Room	\$85M/\$175CP	\$85M/\$175CP
FRI	Friday Fun Day with Swim Lesson	3-5	9-11:30 AM	Track Gym	\$120M/\$245CP	\$120M/\$245CP
	Let's Build A Rainbow with Parent	1-3	9:30-10 AM	Gymnastics Gym	\$35M/\$75CP	\$35M/\$75CP
SAT	Tiny Ballerinas	2-3	9:15-9:45 AM	Multipurpose 2 Room	\$40M/\$85CP	\$40M/\$85CP
	Ballet	3-5	10-10:30 AM	Multipurpose 2 Room	\$40M/\$85CP	\$40M/\$85CP
	Ballet	5-8	10:45-11:15 AM	Multipurpose 2 Room	\$40M/\$85CP	\$40M/\$85CP



FALL1

DAY	CLASS	AGE	TIME	LOCATION	FEE
MON	Flag Football Mini Clinic (Sept 8-29)	4-6	5-5:30 PM	Regal Ware	\$25M/\$55CP
	Flag Football Mini Clinic (Sept 8-29)	6-9	5:35-6:20 PM	Regal Ware	\$30M/\$65CP
	Youth Pickleball 2 Week Clinic (Oct 13-20)	8-12	5-6 PM	Track Gym	\$25M/\$55CP
	Gym and Swim	6-14	9:30-11:30 AM	Track Gym & FAP	\$10M/\$15CP Per Class
WED	Soccer: Instructional	3-4	5-5:30 PM	Regal Ware	\$40M/\$85CP
	Outdoor Sports of all Sorts Mini Clinic (Sept 3-24)	4-6	5:40-6:10 PM	Regal Ware	\$25M/\$55CP
	Tae Kwon Do Pre SKILLZ	3-5	4-4:30 PM	Studio 2	\$57M/\$82CP
WED & FRI	Tae Kwon Do Core SKILLZ	6-8	4:45-5:30 PM	Studio 2	\$79M/\$119CP
	Tae Kwon Do Extreme SKILLZ	9-14	5:45-6:30 PM	Studio 2	\$79M/\$119CP
	Tae Kwon Do Advanced Level	6-14	6:30-7:15 PM	Studio 2	\$101M/\$151CP
THU	Soccer U6 Mini League (Sept 3-24)	4-6	5-5:45 PM	Regal Ware	\$52M/\$109CP

FALL 2

DAY	CLASS	AGE	TIME	LOCATION	FEE
MON & SAT	2nd/3rd Grade Basketball League (Oct 28-Nov 18)	7-9	TBD	East Gym & Badger	\$60M/\$125CP
	Basketball/Flag Football/Soccer	4-6	5:20-5:50 PM	East Gym	\$40M/\$85CP
	Preschool Basketball Mini Clinic (Oct 28-Nov 18)	3-4	4:45-5:15 PM	East Gym	\$25M/\$55CP
TUE	4th-6th Grade Basketball Skills & Games Mini Clinic (Oct 28-Nov 18)	9-12	5:55-6:40 PM	East Gym	\$30M/\$65CP
	Preschool Soccer Mini Clinic (Nov 25-Dec 16)	3-4	4:45-5:15 PM	East Gym	\$25M/\$55CP
	Nerf Games Mini Clinic (Nov 25-Dec 16)	6-10	5:55-6:40 PM	East Gym	\$30M/\$65CP
WED	Gym and Swim	6-14	9:30-11:30 AM	Track Gym & FAP	\$10M/\$15CP Per Class
	Tae Kwon Do Pre SKILLZ	3-5	4-4:30 PM	Studio 2	\$65M/\$90CP
WED &	Tae Kwon Do Core SKILLZ	6-8	4:45-5:30 PM	Studio 2	\$90M/\$130CP
FRI	Tae Kwon Do Extreme SKILLZ	9-14	5:45-6:30 PM	Studio 2	\$90M/\$130CP
	Tae Kwon Do Advanced Level	6-14	6:30-7:15 PM	Studio 2	\$115M/\$165CP
TUII	Indoor Soccer	4-6	5-5:45 PM	East Gym	\$40M/\$85CP
THU	Indoor Soccer	7-10	5:50-6:35 PM	East Gym	\$40M/\$85CP
	Kindergarten Basketball	4-6	9-9:45 AM	Track Gym	\$45M/\$95CP
SAT	1st Grade Basketball 3v3 League	6-7	10-10:45 AM	Track Gym	\$52M/\$109CP
	Youth Pickleball 1 Day Clinic (Nov 1)	8-12	11 AM-1 PM	Track Gym	\$25M/\$55CP