

Stevens Point Area YMCA Spirits Invitational
1000 Division St., Stevens Point, WI
October 17 & 19, 2025



Friday, October 17, 2025

Gym Opens 4:45pm

Session 1–Level 4 (65) Open Stretch 5:15pm–5:45pm Competition 5:45pm–9:15pm

HOTV–(12)*split*, SP–(5)

FDY–(1), WAU–(13)*split*

GB–(7), SWC–(11)*split*

LAX–(8), KM–(8)

Vault, Bars, Beam, Floor

Bars, Beam, Floor, Vault

Beam, Floor, Vault, Bars

Floor, Vault, Bars, Beam

***Warm-ups starting in the Main Gym at 5:15pm, then for those who would like to warm-up
Floor/line tumbling, teams can transfer down to the Gymnastics after 5:30pm.**

*** Awards immediately following competition in the All Purpose Room***



Teams Competing This Weekend

Green Bay–GB Fond du Lac–FDL

Heart of the Valley – HOTV Kettle Moraine– KM

LaCrosse–LAX Manitowoc–MANTY Northwoods–NW

Stevens Point–SP South Wood County–SWC Wausau–WAU

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Saturday, October 18, 2025

Gym Opens 7:30am

<u>Session 2- Level 5 (30), Level 8 (8), Xcel Diamond (6)</u>	<u>Open Stretch 8:00am-8:30am</u> <u>Competition 8:30am-11:30am</u>
GB-L8(1), L5(4), NW-DIA(2), SP-L8(1), L5(2), WAU-L8(1), L5(8), SWC-L8(1), MANTY L5(1) HOTV-L8(1), L5(10) LAX-L8(3), L5(5), DIA(4)	Vault, Bars, Beam, Floor Bars, Beam, Floor, Vault Beam, Floor, Vault, Bars Floor, Vault, Bars, Beam

Awards immediately following competition in the All Purpose Room

<u>Session 3-Level 6 (14), Level 7 (28) Open Stretch 11:30am-12:00pm Competition 12:00pm-4:00pm</u>	
WAU-L6(2), L7(2), SP-L6(6), L7(4) SWC-L6(3), KM-L6(8), L7-(2) GB-L6(10), L7(5) HOTV-L6 (11), L7(8)	Vault, Bars, Beam, Floor Bars, Beam, Floor, Vault Beam, Floor, Vault, Bars Floor, Vault, Bars, Beam

** Awards immediately following competition in the All Purpose Room**

<u>Session 4 -Xcel Gold (42) Xcel Platinum (6) Open Stretch 4:00pm-4:30pm Competition 4:30pm-7:30pm</u>	
SWC-XG(5), SP-XG(6), XP(1) NW-XG(4), XP(4) GB-XG(11), XP(4) LAX-XG(8), KM-XG(8)	Vault, Bars, Beam, Floor Bars, Beam, Floor, Vault Beam, Floor, Vault, Bars Floor, Vault, Bars, Beam

Awards immediately following in the All Purpose Room

Teams Competing This Weekend

Green Bay-GB Fond du Lac-FDL
Heart of the Valley – HOTV Kettle Moraine- KM
LaCrosse-LAX Manitowoc-MANTY Northwoods-NW
Stevens Point-SP South Wood County-SWC Wausau-WAU



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Sunday October 19, 2025

Gym Opens 7:45am

<u>Session 5 –Level 1 (18) & Level 3 (58) Open Stretch 8:00am–8:30am</u>	<u>Competition 8:30am–11:30am</u>
SP–L1(11)*split*	Vault, Bars, Beam, Floor
LAX–L1(7), L3(13)*split*	Bars, Beam, Floor, Vault
WAU–L3(20)*split*	Beam, Floor, Vault, Bars
HOTV–L3(13)*split*	Floor, Vault, Bars, Beam

* Level 1 Awards immediately following in the All Purpose Room*

Level 3 Awards immediately following Session 6 in the All Purpose Room

<u>Session 6–Level 3 (34) & Xcel Silver (30) Open Stretch 11:30am–12:00p</u>	<u>Competition 12:00pm–3:00pm</u>
NW–S(8), SP–L3(5), XS(8)	Vault, Bars, Beam, Floor
WAU–L3(10)*split*	Bars, Beam, Floor, Vault
WAU–L3(10)*split*	Beam, Floor, Vault, Bars
SWC–L3(9), GB–XS(7), KM–S(7)	Floor, Vault, Bars, Beam

Level 3 Awards immediately following in the All Purpose Room

<u>Session 7: Level 2 (63)</u>	<u>Open Stretch 3:00pm–3:30pm</u>	<u>Competition 3:30pm–6:00pm</u>
GB–(8), SP–(8)		Vault, Bars, Beam, Floor
WAU–(22)*split*		Bars, Beam, Floor, Vault
LAX–(12)*split*		Beam, Floor, Vault, Bars
SWC–(4), HOTV–(9)		Floor, Vault, Bars, Beam

Level 2 Awards immediately following in the All Purpose Room

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Heart of the Valley – HOTV Kettle Moraine– KM

LaCrosse–LAX Manitowoc–MANTY Northwoods–NW

Stevens Point–SP South Wood County–SWC Wausau–WAU