



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

2026 Silverbrook

Sports Camp

Week 1 (June 8-13): No Sport Camp

Week 2 (July 15-19): No Sport Camp

Week 3 (June 22-26): Basketball

We focus on the basics like dribbling, passing, and shooting, but also get into more advanced aspects of the game, such as setting screens, teamwork, and building our skills to become like our favorite players.

Week 4 (June 29-July 3): No Sport Camp

Week 5 (July 6-10): Baseball

This camp will introduce your child to the basics of baseball, including throwing, catching, defense, base running, safety, and team play. Camp will go over skills and then progress into games.

Week 6 (July 13-17): Soccer

Campers progress through the fundamentals of soccer and refine their skills, such as juggling, fakes, scrimmages, and more! Special attention is given to instruction in fundamentals and individualized skill development.

Week 7 (July 20-24): Flag Football

This camp will introduce your child to the basics of football, including throwing, catching, defense, and team play. Camp will go over skills and then progress into scrimmages without contact.

Week 8 (July 27-31): Basketball

We focus on the basics like dribbling, passing, and shooting, but also get into more advanced aspects of the game, such as setting screens, teamwork, and building our skills to become like our favorite players.

Week 9 (Aug 3-7): All About Sports

Do you eat, sleep, and breathe sports? If you can't seem to get enough sports action, this camp is for you. Football, soccer, basketball, and dodgeball are featured in this camp.

Week 10 (Aug 10-14): Soccer

Campers progress through the fundamentals of soccer and refine their skills, such as juggling, fakes, scrimmages, and more! Special attention is given to instruction in fundamentals and individualized skill development.

Week 11 (Aug 17-21): Track and Field

Run, jump, and throw your way into our 2026 Youth Track & Field Program. Children, ages 6-10, will compete in a variety of Track & Field events, sprints, relays, long-distance runs, long jump, and many more!

Week 12 (Aug 24-28): No Sports Camp

For questions about the theme, please contact Jason Heuer at: jheuer@kmymca.org