



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# 2026 Feith Sports Camp

## **Week 1 (June 8-13): All About Sports**

Do you eat, sleep, and breathe sports? If you can't seem to get enough sports action, this camp is for you. Football, soccer, basketball, and dodgeball are featured in this camp.

## **Week 2 (July 15-19): Baseball**

The camp will introduce your child to the basics of baseball, including throwing, catching, defense, base running, safety, and team play. Camp will go over skills and then progress into games.

## **Week 3 (June 22-26): Basketball**

We focus on the basics like dribbling, passing, and shooting, but also get into more advanced aspects of the game, such as setting screens, teamwork, and building our skills to become like our favorite players.

## **Week 4 (June 29-July 3): No Sport Camp**

## **Week 5 (July 6-10): Soccer**

Campers progress through the fundamentals of soccer and refine their skills, such as juggling, fakes, scrimmages, and more! Special attention is given to instruction in fundamentals and individualized skill development.

## **Week 6 (July 13-17) Volleyball**

Serve, set, and spike your way into an exciting week of volleyball fun! Our Volleyball Camp is perfect for players of all skill levels who want to improve their game while having a blast. Campers will learn fundamental techniques such as passing, setting, serving, and hitting, along with team strategies and sportsmanship.

## **Week 7 (July 20-24): Baseball**

The camp will introduce your child to the basics of baseball, including throwing, catching, defense, base running, safety, and team play. Camp will go over skills and then progress into games.

## **Week 8 (July 27-31): Flag Football**

The camp will introduce your child to the basics of football, including throwing, catching, defense and team play. Camp will go over skills and then progress into scrimmages without contact.

### **Week 9 (Aug 3-7): Track and Field**

Run, jump, and throw your way into our 2026 Youth Track & Field Program. Children, ages 6-10, will compete in a variety of Track & Field events, including sprints, relays, long distance runs, long jump, and many more!

### **Week 10 (Aug 10-14): Soccer**

Campers progress through the fundamentals of soccer and refine their skills, such as juggling, fakes, scrimmages, and more! Special attention is given to instruction in fundamentals and individualized skill development.

### **Week 11 (Aug 17-21): Basketball**

We focus on the basics like dribbling, passing, and shooting, but also get into more advanced aspects of the game, such as setting screens, teamwork, and building our skills to become like our favorite players.

### **Week 12 (Aug 25-29): No Sports Camp**

# **2026 Grafton Sports Camp**

### **Week 9 (August 3-7): All About Sports**

Do you eat, sleep, and breathe sports? If you can't seem to get enough sports action, this camp is for you. Football, soccer, basketball, and dodgeball are featured in this camp.

### **Week 10 (August 10-14): Soccer**

Campers progress through the fundamentals of soccer and refine their skills, such as juggling, fakes, scrimmages, and more! Special attention is given to instruction in fundamentals and individualized skill development.

### **Week 11 (August 17-21): Track and Field**

Run, jump, and throw your way into our 2026 Youth Track & Field Program. Children, ages 6-10, will compete in a variety of Track & Field events, including sprints, relays, long distance runs, long jump, and many more!

**For questions about the theme, please contact Ben Breuer at [bbreuer@kmymca.org](mailto:bbreuer@kmymca.org)**